



Presentation – 2023





Our Company

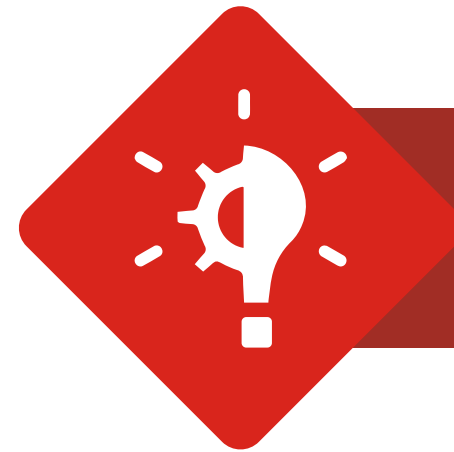
Ingenious concepts that have been carefully curated to provide you with a comprehensive journey of personal growth, resilience, and self-discovery.

Dedicated to guiding individuals and teams on this transformative path. With real-world expertise and a commitment to your success, we will ensure that you gain the skills and insights necessary to face challenges with grace and determination.

Spyros Kollas
Founder | Speaker | Trainer



Vision And Mission



Our Vision

Our vision is to create a world where individuals are empowered to thrive in the face of uncertainty, where resilience and adaptability become second nature, and where every decision is made with clarity and wisdom for physical, mental, and psychological health and safety.



Our Mission

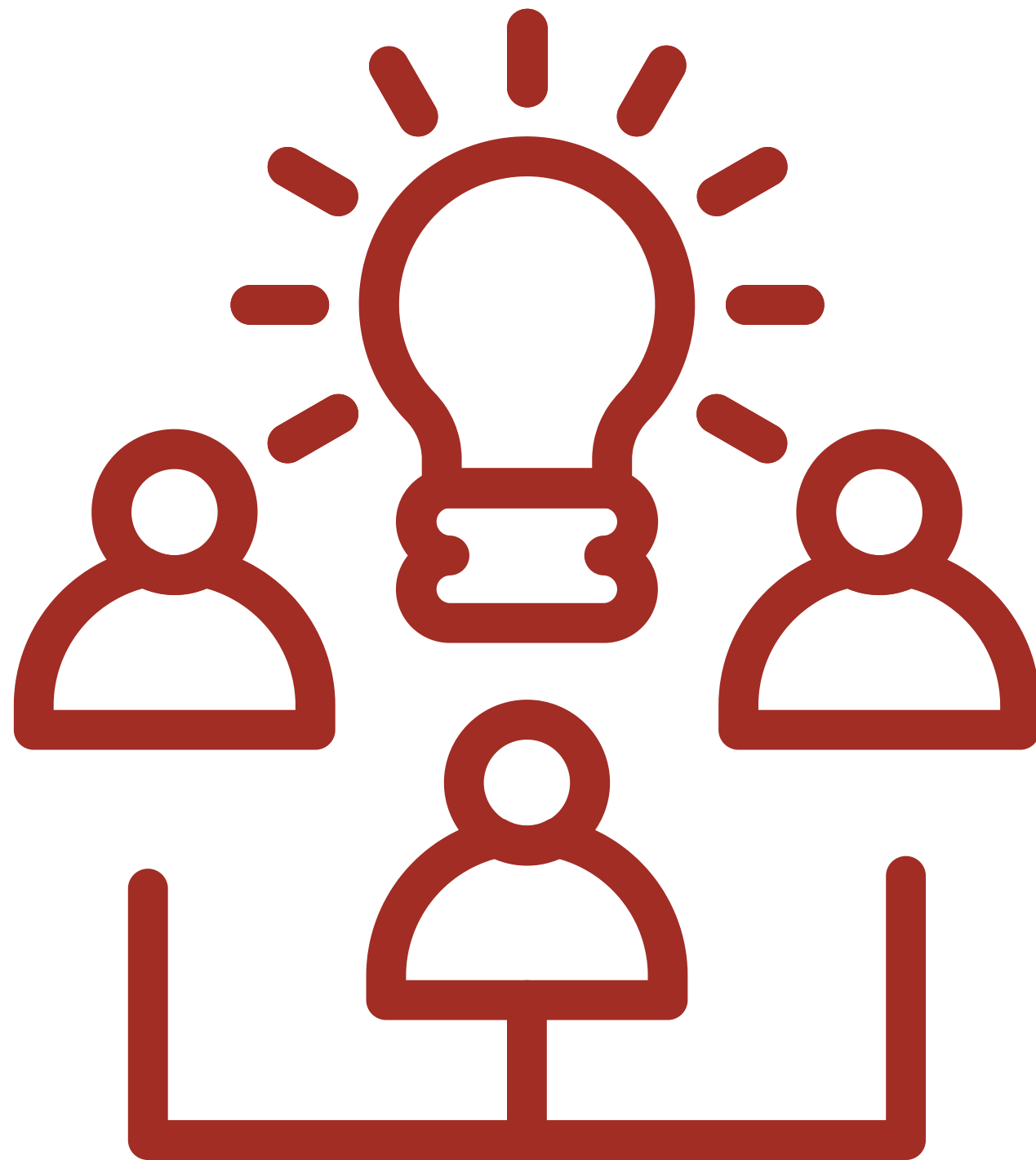
Our mission is to provide transformative courses, workshops, and key notes that equip individuals with the mindset and skills, that enable them to navigate life's challenges with confidence, embrace change as a catalyst for growth, and unlock their true potential.

Training And Development

We Believe that the world needs individuals who can confidently navigate complexity, make wise decisions, and embrace change as a catalyst for growth. Our courses are not just about learning theoretical concepts but also about integrating them into your daily life, empowering you to create positive and lasting change.



Our Core Offerings



1

Float to Soar Program

- Elevate self-development with an immersive journey.
- eBook, interactive workbook, seminar, academy, and simulation challenges: "Elemental Equilibrium" & "Water Zones."

2

Agile Adaptive Decision-Making

- Conquer fear and amplify courage for resilience.
- eBook, seminar, academy, and "The Invictus Scuba Diving Challenge" simulation.

3

Dive in VUCA Leadership

- Embrace antifragility with our comprehensive program.
- eBook, seminar, academy, and the transformative "VUCASim Dive" simulation challenge.

4

Liveaboard Retreat

- 5 days on luxury motor-yacht for a serious, fun and safe Leadership & Critical decision making bootcamp

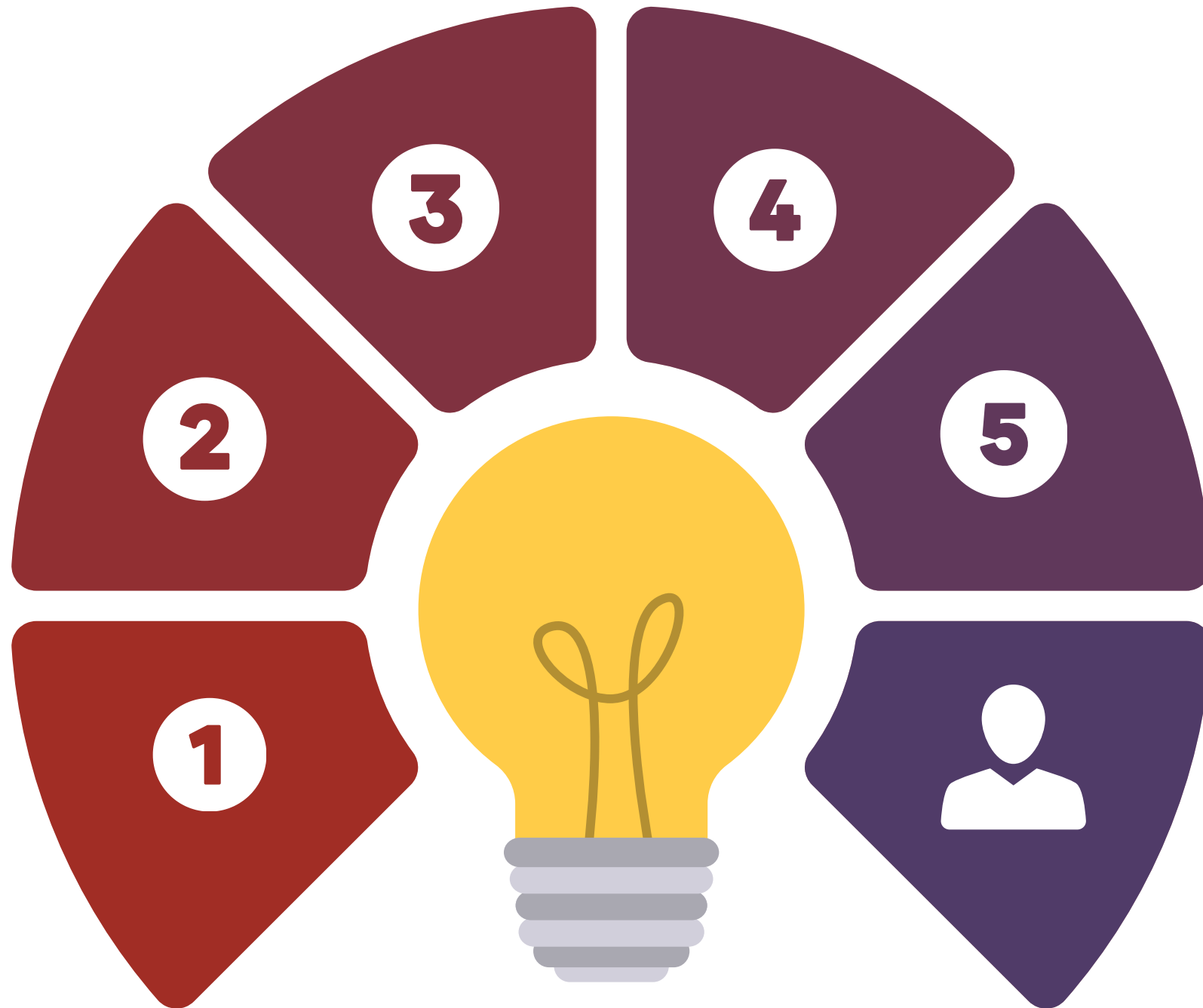
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First Responder

- Specialized training to those who are among the first to arrive and provide assistance at the scene of an emergency, such as an accident, natural disaster, or terrorism.

Tailored Solutions.

Beyond Programs, We Customize Experiences



- Leadership Development
- Team Building Retreats
- Stress Management & Resilience
- Corporate Wellness Retreats
- Communication & Conflict Resolution
- CSR Initiatives
- Change Management
- Creative Thinking & Innovation
- Diversity & Inclusion
- Networking & Relationship Building
- Health & Safety
- Antifragility Training

Process of Training And Development



Mini-Course

Familiarization face-to-face or virtual, single or 2-day seminar and/or mini course



Challenge

Ingenious, innovative, fun and safe simulation-based challenge on the surface and underwater.



Academy

4 to 7 months academies, digging deeper to the concepts of each training with additional simulation-based challenges

How We Do It

Join us on this empowering journey and unlock your true potential. Together, let's embrace uncertainty, thrive amidst challenges, and embrace the transformative power of knowledge. Welcome to a new chapter of resilience, adaptability, and personal excellence.



One-to-One
Personalised, In-Person , Virtual & Experiential solutions

In Person
Seminars, Workshops & Kenotes

Experiential
Workshops, Courses & Games

Virtual
Online seminars & Keynotes

Impactful Results



Productivity

Participants report enhanced focus and efficiency.

Enhanced Leadership

Improved decision-making and adaptability.

Positive Culture

Boosted morale and teamwork.

Resilient Teams

Thrive in the face of challenges.

Contact Us

Join Us on the Journey to Excellence

- **Tailored Packages:** Choose programs that align with your goals.
- **Long-term Relationships:** Building resilience is an ongoing process.
- **Customizable Events:** Craft unique experiences for your team.

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Thank You

For Your Attention



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